



2038 Patton Chapel Road  
Birmingham, AL 35216

PRST STD  
US POSTAGE  
PAID  
BOISE, ID  
PERMIT 411



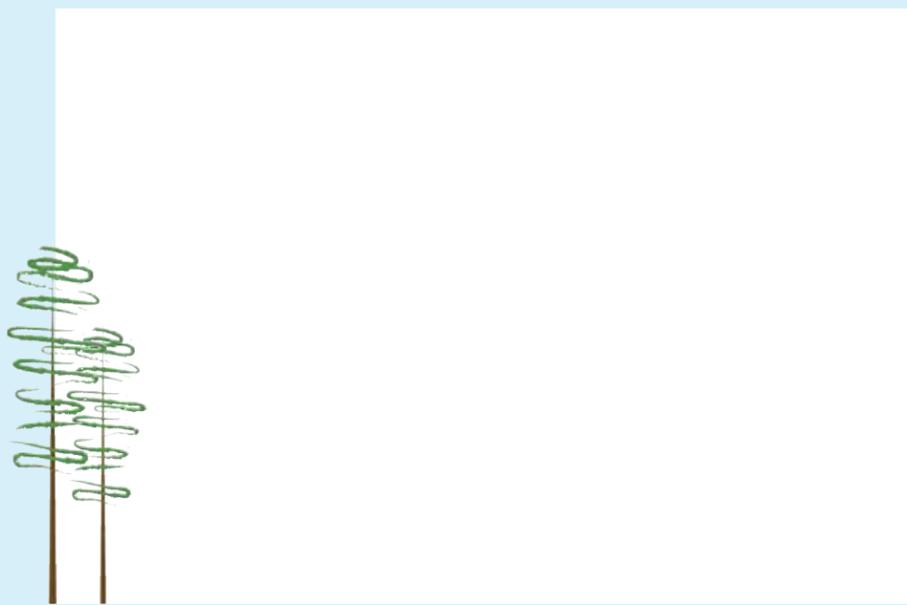
December 2015

# Perrigo Press

www.perrigodentalcare.com • 205-545-8008

## Inside

- pg 1 *Better to Give*
- pg 2 *Squibbly Saves the Day*
- pg 2 *How to Treat Sensitive Teeth*
- pg 3 *Thanks for Your Referrals*
- pg 3 *Congrats to the Gaffneys!*
- pg 3 *Old-Fashioned Gingerbread*
- pg 4 *Employee Spotlight*



## Better to Give

### WHAT A SHOEBOX TAUGHT ME ABOUT THE VALUE OF GIVING

When I was a kid, I saw Christmas Eve the way so many kids do, as the never-ending chunk of time keeping me from Christmas morning and its presents. Santa always left his presents unwrapped, which was incredibly tempting for my younger self. I had the tendency to stay up until 2 or 3 o'clock in the morning, then try to sneak downstairs with my siblings. My dad, however, was always on to us. I think he enjoyed the challenge of trying to keep us from sneaking into the room downstairs to see our presents. It became a kind of cat-and-mouse game. My dad even started setting Christmas Eve traps, putting bells on the doors and newspaper on the hallway floors as an alarm system to keep us in our rooms. Really, it just made us more creative. One Christmas Eve, I went so far as to sneak out of the house so I could find a trap-less way back in to see those wonderful presents Santa always brought.



I still love presents, but as I've gotten older and become a dad, I've found that I enjoy giving even more than I enjoy receiving gifts. Maybe that's why we started participating, as a family and in the office, in the Operation Christmas Child program by Samaritan's Purse. Operation Christmas Child is a shoebox program for children all over the world who don't necessarily get to experience Christmas. This year, each member of my family signed up to fill a shoebox full of necessities and goodies for five boys and girls between the ages of 5 and 16.

As we went to Target to fill our shoeboxes, I watched my son learn a valuable life lesson. Instead of heading to the toy section, we headed to clothing for some necessities. My 9-year-old was confused. These weren't the best presents. He was surprised when I told him that many of these kids didn't have socks or underwear, things we take for granted, and that going to the store to pick out Legos might be an incredible luxury. I watched as he learned to give, and I was so proud when he took his filled shoebox and wrote on the side: "To my friend in Christ, this is a special

box packed for you. It has toys and other fun things. I hope you love it! It also has some of my most favorite toys. Enjoy! From a 9-year-old boy like you."

I hope you find as much joy in giving this December as we did!

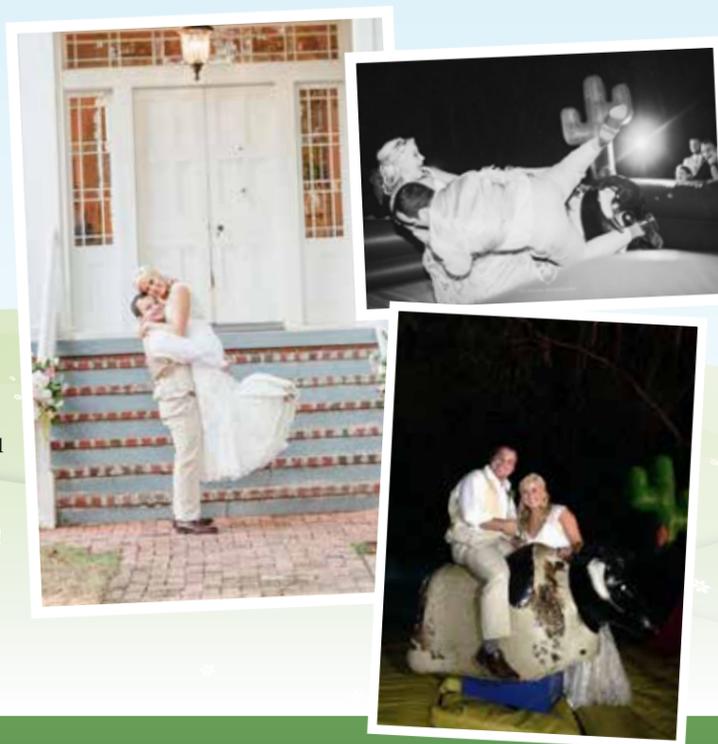
Merry Christmas,

*-Dr. Luke Perrigo*

## Employee Spotlight

Hey, everyone! I can't believe it's already December! This year has been a fantastic one for me! On September 12, I married my best friend, Derek! We took a chance and had an outdoor wedding. The closer the day came, the more and more nervous we got about the weather. Is it just me, or does everyone feel like it's been extremely rainy this year? We did get very lucky, though, because September 12 was a gorgeous day! We had a great turnout, and it really seemed like everyone had a great time. Our big day was very unique! We had a donut tower with donuts, and maple bacon cupcakes instead of a traditional groom's cake. We even topped off the reception with a MECHANICAL BULL! Many things have changed for me this year! I can't wait to see what 2016 brings for me and my new little family! I hope everyone has a Merry Christmas!

*-Camdyn*



# A Seriously Good Use for Silly String



As with all great inventions, the invention of Silly String was a total accident. In 1972, Leonard Fish, an inventor, and Robert Cox, a chemist, teamed up to create a sprayable instant cast. The invention worked, but packaging the aerosol spray was another beast entirely. The two ended up testing over 500 different kinds of nozzles — some sprayed too fine a mist, others too thick. But one in particular produced a nice, solid string ... which shot about 30 feet across the room when sprayed.

The two grown men had such fun playing with their new invention, they decided to reinvent it, but this time as a toy. They altered the formula to be less sticky, added some bright colors, and scheduled a meeting with Wham-O, a toy-marketing company in California. During the meeting, Fish proceeded to spray the silly string (which they called "Squibbly") all over the Wham-O consultant and his office. Unsurprisingly, the inventors were not-so-kindly asked to leave.

One day later, they received word that Wham-O was, in fact, interested in their product. And two short weeks after that, Fish and Cox signed a

contract to license the product, now known as Silly String.

Silly String has since earned a reputation for celebration; it's often used at weddings, birthday parties, and carnivals. But in more recent news, Silly String has found a new use that's not so silly.

In 2006, U.S. soldier Todd Shriver (who was stationed in Iraq) wrote to his parents in New Jersey and asked them to send him a can of Silly String — but it wasn't because he wanted to throw a party on base. The Iraqi rebels had resorted to urban warfare, and booby-trapped buildings were becoming a big problem. Many soldiers had already lost their lives in building explosions, and those explosions were often triggered by an invisible tripwire near the entrance of the room. Todd believed he could save the day (and his fellow soldiers), if only he had a can of Silly String.

Just as he suspected, the string was light enough to hang from a tripwire without causing an explosion, and its 30-foot range meant it could be shot across an entire room, revealing any tripwires the soldiers might not have seen.

When Todd's mother heard what the Silly String was being used for, she collected over 80,000 cans to be sent overseas. Nowadays, Silly String is a staple in the U.S. military's arsenal, saving lives one spray at a time. Now *that's* a seriously good use for some very silly string.

## Thank You for Your Referrals!

Misty C.  
Barbara S.  
Tristen F.  
Hannah M.  
Jan H.

Sharon G.  
Austin B.  
Lamonte J.  
Swathi P.  
Carol L.

## Congratulations, Mr. and Mrs. Gaffney!

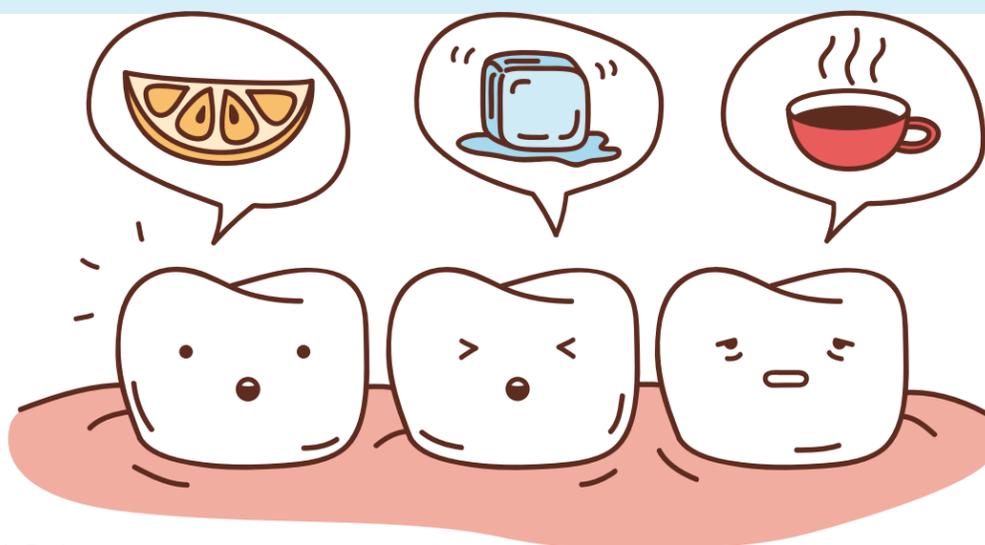
The Gaffneys are our Halloween Contest winners! They won two movie tickets and a \$125 gift card to Seasons 52. We'll have the contest again next year, so start planning your costumes now!



## LAUGH OUT LOUD



## How to Treat Sensitive Teeth



If you experience pain and discomfort when drinking hot or cold liquids like coffee or milkshakes, the culprit could be sensitive teeth. By the time you really notice the symptoms, your teeth may be so sensitive that you can't comfortably enjoy common foods and beverages anymore. You'll want to figure out what the issue is and get it resolved before it damages your quality of life.

There are many possible causes of sensitive teeth, but the main issue is that the dentin protecting the roots of your teeth has lost its protective covering of enamel. As a result, sensations can reach the nerves inside the tooth that shouldn't be getting there, including heat and cold, as well as pressure from harder foods.

If you're experiencing tooth sensitivity, it's a good idea to get the situation checked out at the dentist. Dentists have an arsenal of treatment options to combat sensitivity, such as fluoride gel, surgical gum grafts, or even root canals. You should have an examination to determine what the immediate source of the problem is, followed by a treatment recommendation.

When you have sensitive teeth, you'll usually need the dentist to fix the problem — but ultimately, oral hygiene is the best way to prevent sensitivity. With the right steps, your tooth sensitivity will be a thing of the past in no time!

## Old-Fashioned Gingerbread

### Ingredients

- ½ cup sugar
- ½ cup butter or margarine
- 1 egg
- 1 cup molasses
- 2 ½ cups all-purpose flour
- 1 ½ teaspoons baking soda
- 1 teaspoon ground cinnamon
- 1 teaspoon ground ginger
- ½ teaspoon ground cloves
- ½ teaspoon salt
- 1 cup hot water

### Instructions

1. Preheat oven to 350 degrees F and grease a 9-inch square pan.
2. In a large bowl, cream the sugar and butter together, and beat in the egg and molasses.
3. In another bowl, sift the remaining dry ingredients together. Blend into the creamed mixture, then stir in the hot water. Pour into pan.
4. Bake for 1 hour, until inserted toothpick comes out clean. Enjoy!

*"For unto us a child is born, unto us a son is given, and the government will be upon his shoulder, and his name will be called 'Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace.'"*

~ISAIAH 9:6

IGNATIUS BIBLE